

## ALEXANDRIA TURKEY TROT FAQs (2008)

1. **How can I help?** We need about 100 volunteers to make this event a success: setup, cleanup, registration, t-shirt sales, crowd control, water stop, and finish line management. If you can work from 08:00 to 11:45, or even half of that (08:00-10:00 or 10:00-11:45), we need you. (We also need a few people for packet pickup on Wednesday evening.) Volunteers receive our eternal gratitude and a complimentary Turkey Trot t-shirt. If you have finish line experience, contact Paul Thompson/DCRRC at [ptnwc@yahoo.com](mailto:ptnwc@yahoo.com). Otherwise, contact Suzanne Caldwell at [AlexTurkeyTrot@gmail.com](mailto:AlexTurkeyTrot@gmail.com).
2. **Are strollers allowed?** Yes, but please start at the back of the pack to avoid inconveniencing other runners.
3. **Can my dog run with me?** Yes, but see #2. Also, use a short leash. We've had complaints.
4. **Can I walk the course?** Yes, but the Alexandria Police Department controls vehicle traffic based on a 15-minute-per-mile race pace. After that, you'll need to move out of the roadway and onto the sidewalk for safety.
5. **Can kids use bicycles, rollerblades, or skateboards?** Yes, but please start at the back of the pack and *keep your children with you and under your control*. Stray children are an inconvenience to other runners and a potential danger to themselves. We reassess this issue each year, and persistent problems will require us to eliminate bicycles, rollerblades, etc., altogether. Please be considerate.
6. **Do you have a map of the course?** See the last page of this PDF. We'll also have copies posted at early packet pickup and on race day.
7. **When does the race start?** 10 am sharp. If you haven't registered online in advance, don't show up at 09:45 and expect to register in time for a 10:00 start.
8. **How many runners do you expect?** More than 2500. We had about 2700 in 2007.
9. **Is the event accessible by Metro?** Not by rail. Metrobus routes 9E, 10A/B/E/P, and 11P come within two blocks of the Cora Kelly Rec Center, but please contact WMATA ([www.wmata.com](http://www.wmata.com)) to confirm schedules.
10. **Is parking available?** Parking at Cora Kelly is limited because the finish line blocks the entrance road and most of the school parking lot is used for event purposes other than parking. Nearby streets can accommodate some cars, but your best bet is to walk to the event, get dropped off, or park on Mt. Vernon Ave or on Commonwealth Ave south of W. Glebe Rd. Please allow plenty of time to get to Cora Kelly. And respect the no parking signs on Commonwealth Ave.
11. **Can I register by mail or by phone?** No.

12. **Can I register in person?** Yes, but only on race day from 08:30-09:30. Bring cash or check, because we don't accept credit or debit cards on race day.
13. **Is the entry fee refundable** if I'm sick on race day? Regrettably, no.
14. **What's your bad weather policy?** Our policy is never to have bad weather. If we do, we ignore it. The race starts at 10 am on Thanksgiving Day. Period.
15. **Do you have early packet pickup?** Yes. If you register online, you can pick up your bib number and t-shirt (if purchased) at the Cora Kelly Rec Center the evening before the race between 18:00-20:00. If you arrive earlier than 18:00, please be prepared to wait.
16. **Can I pick up another runner's bib number and t-shirt at early packet pickup?** Yes, at the discretion of our volunteers. You may *not* pick up a minor's bib number unless you are the parent or legal guardian, or you have a consent form signed by the minor's parent or legal guardian.
17. **When and where do I bring my food donation for ALIVE?** Bring your two non-perishable food items to the Cora Kelly Rec Center on race day. We cannot accept them at early packet pickup the night before.
18. **Are lockers available?** No. There's a small room (dance studio) adjacent to the gym where some runners leave items during the race, but it is NOT secured and neither Cora Kelly nor the race organizers will be responsible for loss or damage.
19. **What are the prizes for age group winners?** First, second, and third place (M&F) in each age group win \$15, \$10, and \$5, respectively, in "Turkey Trot Bucks," which are redeemable at any DRBA merchant. We use the following nine age groups: 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.
20. **When and where are race results posted?** Results are posted on the DC Road Runners Club website, [www.dcroadridders.org](http://www.dcroadridders.org). Please allow at least four days, since much of the data must be entered manually.
21. **What about elite runners?** Please contact Paul Coelus at 703.933.0520 ext 203.
22. **How can my business become a race sponsor?** Please contact Paul Coelus at 703.933.0520 ext 203. Sponsorship is \$100.
23. **Who can I contact if I have additional questions?** Call Paul Coelus at 703.933.0520 ext 203 or email [paul@waterfordinc.com](mailto:paul@waterfordinc.com). Please read all of the FAQs above first.